

Sunday 20th June 2021
Lord of the wind and sea

Gather Together...

Take time together as a family, find a quiet space, perhaps play some music, light a candle and sit comfortably.



Make the Sign of the Cross

Listen Together...

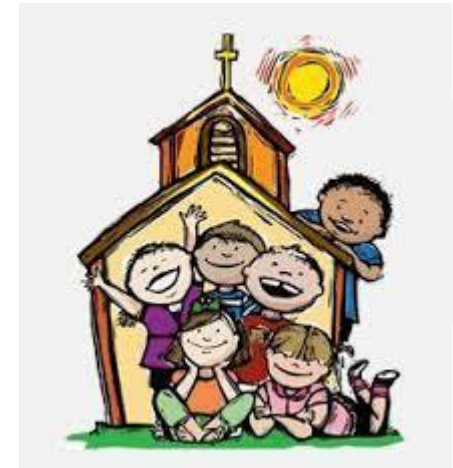
Listen to this week's scripture, from the Gospel of Mark...

Jesus and his disciples set off to sail to the other side of the Sea of Galilee. Jesus had been preaching all day and soon he was lulled to sleep by the rocking of the boat. Suddenly a storm blew up and great waves began to pound the boat. The disciples were terrified and ran to wake Jesus before they all drowned. Jesus got up and scolding the sea and the wind he said, 'Be at peace!'

All at once the wind dropped and the sea grew calm again. Then Jesus asked the disciples, 'Why were you so afraid? Did you not believe in me?' They were filled with wonder because they could see that even the sea and the wind would obey his commands.

Respond Together...

- Have you ever seen the sea when a gale is blowing and there is a storm? How would you describe it?



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- Imagine setting off in a small fishing boat and suddenly finding yourself caught in a terrible storm. How would you feel?
- Violent storms can often come on suddenly in the Sea of Galilee and although some of the disciples were used to being on the water, this storm was so bad that they were afraid they would drown.
- The disciples didn't have any life jackets or radios and flares to help them like they would have today. They were alone on the water. Who did they turn to in the middle of their fear and worry? They turned to Jesus.
- What did Jesus do? He commanded the wind and the sea to be quiet and the disciples caught a glimpse of the power of the Son of God.
- What does this story teach us? In times of fear or trouble in our lives, we can always turn to Jesus and ask for his help. We know that the power of Jesus can overcome all things. Just as Jesus calmed the sea and the wind, so he will calm our worries and bring peace to our lives.

Pray Together... Lord, help me to not be afraid because I know you are always with me. Help me to remember that with you by my side I have nothing to fear and that you will always keep me safe. Amen.

